

Cadet Pilot candidates must meet Class 1 pilot medical standards of the General Civil Aviation Authority (GCAA) as well as EMIRATES pre-employment requirements. These are summarized below:

Body Mass Index (weight in kg/height ² in m)	Acceptable if: <ul style="list-style-type: none"> • Between BMI 16-18: Permissible if proportionate to the body frame. • Between BMI 25-30: Permissible if the abdominal circumference is within non-obese limits for the gender and ethnicity. Unacceptable: <ul style="list-style-type: none"> • BMI >30 (Obese) unless Body Fat Percentage is < 25% male or 32% female 	
Vision	Advisable to EKclinic: <ul style="list-style-type: none"> • Hypermetropia > +5.0 Dioptres • Myopia > -6.0 Dioptres • Astigmatism or Anisometropia > 2.0 Dioptres Unacceptable: <ul style="list-style-type: none"> • Functionally monocular • Uncompensated Phoria/ Diplopia • Keratoconus • Glaucoma • Other progressive conditions 	
	LASIK/PRK	Acceptable if: <ul style="list-style-type: none"> • Pre-surgical refraction meets above vision standards • Stable vision (less than 0.75 D variation diurnally) • No postoperative complications
	Cataract or Corneal Surgery	Acceptable: <ul style="list-style-type: none"> • If more than 3 months post procedure or more than 12 months for corneal transplant • No complications • Meets visual standards
	Retinal Surgery	Acceptable if: <ul style="list-style-type: none"> • More than 6 months post procedure • No complications • Meets visual standards
	Colour Vision	Acceptable if "Colour Safe": <ul style="list-style-type: none"> • Pass all 24 plates of the Ishihara test • // Ishihara test failed: CAD test Pass (UK CAA, Emirates, Etihad, FAA)
Blood Pressure	Unacceptable: <ul style="list-style-type: none"> • Untreated or un-investigated recurrent readings $\geq 140/90$ Acceptable: Hypertension well controlled on aviation approved medications with a doctor's report within the last 3 months to include an echocardiogram report and an ophthalmologist report	
Cardiovascular	Unacceptable:A history of: <ul style="list-style-type: none"> • Ischaemic heart disease • Significant Cardiac Rhythm Disturbance • Cardiac valve replacement • Permanent cardiac pacemaker • Disturbance of consciousness and without satisfactory explanation of cause 	

ENT	<p>Hearing: Pure tone audiometric test. Unaided, in each ear individually, with thresholds <u>no worse than:</u></p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <th style="background-color: #cccccc;">Frequency (Hz)</th> <th style="background-color: #cccccc;">500</th> <th style="background-color: #cccccc;">1,000</th> <th style="background-color: #cccccc;">2,000</th> <th style="background-color: #cccccc;">3,000</th> </tr> <tr> <th style="background-color: #cccccc;">Worst Ear (dB)</th> <td>35</td> <td>35</td> <td>35</td> <td>50</td> </tr> </table> <p>Unacceptable:</p> <ul style="list-style-type: none"> Recurrent otitis media Meniere's disease Severe motion sickness Any ear disease or condition that may cause vertigo or a disturbance of speech or equilibrium Severe hearing loss <p>Refer to EGMS:</p> <ul style="list-style-type: none"> Hearing outside of the above thresholds may be acceptable if advanced testing is completed to a satisfactory standard including functional hearing simulator assessment and GCAA approved ENT assessment Use of hearing aids to meet the above standards 	Frequency (Hz)	500	1,000	2,000	3,000	Worst Ear (dB)	35	35	35	50
Frequency (Hz)	500	1,000	2,000	3,000							
Worst Ear (dB)	35	35	35	50							
Respiratory	<p>Acceptable:</p> <p>Asthma provided:</p> <ul style="list-style-type: none"> Well controlled with intermittent bronchodilators or regular inhaled corticosteroids <u>only</u> <p>Unacceptable:</p> <ul style="list-style-type: none"> Any persistent impairment of lung function or any active disease of the structure of the lungs, chest or lung cavities (TB -see "infectious diseases") 										
Gastrointestinal	<p>Unacceptable:</p> <ul style="list-style-type: none"> Irritable Bowel Syndrome except if well controlled on aviation approved medications or causing minimal symptoms Inflammatory bowel disease Untreated Hernias Symptomatic Gallstones Any disease with significant impairment of function of the gastrointestinal tract 										
Renal	<p>Advisable to EK clinic:</p> <ul style="list-style-type: none"> History of current or previous renal stones. 										
Haematology	<p>Unacceptable:</p> <ul style="list-style-type: none"> Anaemia <10.5 g/dl Thrombocytopenia unless fully investigated and stable 										
Endocrine	<p>Advisable to EGMS:</p> <ul style="list-style-type: none"> Diabetes or impairment of glucose regulation <p>Unacceptable:</p> <ul style="list-style-type: none"> Any <u>uncontrolled</u> endocrine disorders such as thyroid, pituitary, ovary or adrenal gland disease Insulin Treated Diabetes Mellitus 										
Neurology	<p>Unacceptable:</p> <ul style="list-style-type: none"> Epilepsy or history of seizure Migraine headaches Unexplained disturbance of consciousness Unexplained transient loss of control of nervous system function(s) Any progressive conditions Any disease of the nervous system abnormality that may jeopardise flight safety <p>Recurrent vaso-vagal (fainting) attacks</p>										

Psychiatric	<p>Unacceptable: Any diagnosis or history, past or present, of:</p> <ul style="list-style-type: none"> • Psychosis • Depression or mood disorder • Bipolar disorder • Anxiety including claustrophobia • Personality disorder • Deliberate self-harm or suicide attempt • Any other Psychological or Psychiatric illness • Attention Deficit Hyperactivity Disorder (ADD/ADHD) requiring medication
Musculoskeletal	<p>Advisable to EGMS:</p> <ul style="list-style-type: none"> • Chronic or recurrent back pain resulting in time off work
Infectious Diseases	<p>Unacceptable:</p> <ul style="list-style-type: none"> • Untreated or active Tuberculosis (TB). In addition it is not possible to obtain a UAE visa if there is scarring seen on a chest X-Ray from previously treated or active TB • HIV positive • Hepatitis B surface antigen positive • Hepatitis C Antibody positive • Positive VDRL or Untreated Syphilis • Any infection that may interfere with flight safety
Malignancy (Cancer)	<p>Unacceptable:</p> <ul style="list-style-type: none"> • Any current or previous history of malignancy or cancer
Sleep disorders	<p>Advisable to EGMS:</p> <ul style="list-style-type: none"> • Any history or condition affecting sleep including obstructive sleep apnoea, restless leg syndrome.
Any other condition	<p>Refer EGMS:</p> <ul style="list-style-type: none"> • Any medical condition that has a potential impact on flight safety or performance should be declared along with supporting reports
Medications	<p>Advisable to EGMS:</p> <ul style="list-style-type: none"> • Any medications or non-prescribed substances taken for more than one week in the past two months